

# **PRaise YOU IN THIS STORM**

as recorded by Casting Crowns  
written by Mark Hall and Bernie Herms, 2005

## **Verse 1**

I was sure by now,  
God, You would have reached down  
And wiped our tears away;  
Stepped in and saved the day.  
But once again, I say "Amen," and it's still raining.

## **Verse 2**

But as the thunder rolls  
I barely hear Your whisper through the rain,  
"I am with you,"  
And as Your mercy falls  
I raise my hands and praise the God who gives  
And takes away

## **Chorus**

Then I'll praise You in this storm  
And I will lift my hands  
For You are who You are  
No matter where I am  
And every tear I've cried  
You hold in Your hand.  
You never left my side  
And though my heart is torn  
I will praise You in this storm.

## **Verse 3**

And I remember when  
I stumbled in the wind.  
You heard my cry to you  
And raised me up again.  
But my strength is almost gone  
How can I carry on  
If I can't find You?

## **Verse 2 - Repeat**

## **Chorus - Repeat**

## **Bridge - 2 Times**

And I lift my eyes until the hills.  
Where does my help come from?  
My help comes from the Lord,  
The Maker of Heaven and Earth!

## **Chorus - Repeat Plus**

And though my heart is torn,  
I will praise You in this storm!  
I will praise You in this storm!  
I will praise You in this storm!

**God** has the  
power to calm the  
storms raging  
around &  
within us.

## **GRIEF**

Both "S" hands on heart palms in, index fingers touching. Twist wrists in opposite directions.

**Hint: Heart wringing with pain.**

## **GOD**

Move the right "B" hand, palm facing left, from above the head downward in an arc toward the face.

**Hint: The hand comes down from heaven.**



## **MERCY**

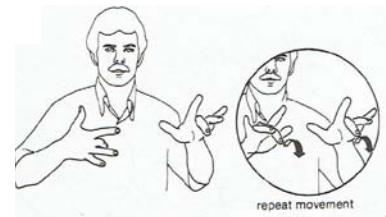
Beginning with the bent middle finger of the "5" hand touching the chest and the bent middle finger of the "5" hand pointing forward, twist the right hand forward and repeatedly stroke forward with both bent middle fingers.

**Hint: The finger is used to express feelings to take from yourself to others.**

## **MERCY COMING FROM GOD**

The direction circles towards you and from up above.

**Hint: Mercy coming from God to you.**



## **PRAISE**

Bring left open hand, palm facing right, above your head. Clap right hand fingers on left hand several times.

## **The inspiration for this song:**

Casting Crowns' lead singer, Mark Hall, said this song was inspired by the Casting Crown band experience with a young girl, Erin Browning, who performed a dance on Valentine's Day, 2004, at school to one of their songs. It was around the time she was found to have cancer. . Erin died on November 1, 2004. Erin's death was the "catalyst" for Hall to write the song, which became a message of worship and faith during difficult times. According to Hall, *"Watching Erin's mother walk through a real storm showed me truth about my worship, that my worship was extremely situational."*

Hall began writing the song before Erin's death and had told her he was writing it, but was not able to complete it before she died. The song was completed in 2005 and dedicated to Erin.

## **Let the words of this beautiful song fill your heart:**

*"And I'll praise You in this storm, and I will lift my hands."*

Sometimes that's so very hard. In the midst of a storm, one may not feel like lifting their hands, but if one can just lift them - anyway.

*"For You are who You are, no matter where I am."*

God is the same yesterday, today, and forever. Whatever point in life you find yourself, God is the same as He's always been.

*"And every tear I've cried, You hold in Your hand. You never left my side, and though my heart is torn, I will praise You in this storm."*

His Word (Hebrews 13:5), He says, "I will never leave thee nor forsake thee.

"What a great and precious **promise!**



### **Let Us Pray**

Gracious God,

Thank you for providing for us everything we ever need.

Enable us to trust you when we don't feel like it.

Help us to praise you in storms and in the sunshine.

Thank you for being the constant companion for us.

We could not do life without you.

But with you, we go anywhere.

Be praised always and forever and ever.

In Jesus' name.

Amen

American Sign Language (ASL) provides a fuller understanding of the song as the DEAF would "see" the signs. American Sign Language has a different sentence structure but often it gets to the real meaning of a song that "the hearing" may miss, being distracted by rhyme or music. See this song through new eyes.

**"HANDS IN PRAISE"** is an American Sign Language (ASL) Christian choir sponsored by Bethel Lutheran Church, Windsor, Colorado. For information, go to [www.HandsInPraiseASL.com](http://www.HandsInPraiseASL.com) or [HandsInPraise@gmail.com](mailto:HandsInPraise@gmail.com)

You are invited to join and no experience needed as sign language is learned one song at a time.

Please feel free to take this praise sheet home with you to read later

or share with others who need the good news.