



## The Old Rugged Cross

Written by George Bernard, 1913  
As recorded by Alan Jackson

### Verse 1

On a hill far away  
Stood an old rugged cross  
The emblem of suffering **and shame.**  
**Shame**

And I love that old cross  
Where the dearest and best,  
For a world of lost sinners was slain.

### Chorus

So I'll cherish the old rugged cross  
'Till my trophies at last I lay down.  
I will cling to the old rugged **cross,**  
**Connect-to-Cross**  
And exchange it someday for a crown.

Exchange

### Verse 2

To the old rugged cross,  
I will ever be true.  
It's shame and reproach gladly bear.  
Then He'll call me someday  
To my home far away  
Where His glory forever I'll share

### Chorus

#### SHAME, ASHAMED

Beginning with the back of the fingers of both bent hands on each cheek, palms facing down, twist the hands forward ending with the palms facing up.

**Hint: Shows a blush from shame rising in the face.**

**In this song use just the right hand.**



#### EXCHANGE, SWAP

Using modified "X" hands (that sort of look as if you are holding a "key" or a small slip of paper in your hands). It is a weird little sign in which the hands circle each other and end up pretty much where they begin. The right hand starts at the cross and the left hand in front of you. Bring them towards each other and circle hands around each other. Then hands go back to where they started. Right hand will be on top of left as it circles back over left.



#### CONNECT, BELONG-GOD

(same as connect or relationship)  
With the fingers of both "9" hands interlocked, right hand closer to the chest than the left hand, move the hands forward and back with a repeated movement. **Hint: similar to the sign for "join" moving back and forward to indicate the relationship between the two things.**



"Hands in Praise" is an American Sign Language (ASL) Christian choir sponsored by Bethel Lutheran Church, Windsor, Colorado.  
For information, call Director, Elaine Mainwaring, 970-686-5319  
or go to [www.HandsInPraiseASL.com](http://www.HandsInPraiseASL.com)  
Please feel free to take this praise sheet home with you and share with others.

Remember, American Sign Language, is the language of the deaf culture. It is a conceptual language. It is not English Language word for word. The signs, the facial expressions and body language express the context.